

CONVERSATION STARTERS- BULLYING PLANTS- TEENAGERS

1. What do you think is going to happen to each plant?
2. Do you think that words are powerful and dangerous?
3. Can you think of any examples of a time when words have been used with positive responses and with negative responses?
4. What things do you think are bullying?
5. Can you think of a time when you said something to someone and they thought it was mean? How did they react? Why do you think they responded this way??
6. In what ways can you use social media to bully others? Why shouldn't you use social media this way?
7. What can you do if you see someone being bullied or if someone you know has told you they have been bullied?



Note: If you child is being bullied, make sure you contact the school to let them know!

Making sure that your child is aware of other places to call for advice is equally as important.

Kids helpline 1800 55 1800
Head Space 1800 650 890
Lifeline 13 11 14